



Saturday the 8th of June, 2024 (GMT time, Ireland/UK)

Timing	Session	Speakers & Facilitators	Location
08:30 – 9:30	Registration		Reception & Foyer area
	Morning Chair		
9:30 –9:35	Introduction	Dr John (Jack) Lambert	Fintan Gunne Lecture Theatre
9:35- 10.35	Session 1: Long COVID	Dr John (Jack) Lambert	Fintan Gunne Lecture Theatre
10:35- 10.45	Session 2: Long COVID Advocacy Ireland	Jacinta Fay	Fintan Gunne Lecture Theatre
10.45- 11:00	Session 3: Long COVID kids	Conor Flaherty	Fintan Gunne Lecture Theatre
	TEA/ COFFEE BREAK		
11:30 –12:00	Session 4: Empower Our Immunity & Mitochondria	Pol De Saedeleer	Fintan Gunne Lecture Theatre
12:00– 12:30	Session 5: Occupational Therapy	Ciara Breen	Fintan Gunne Lecture Theatre
12:30- 13: 15	Session 6: A Herbalist’s Approach to the Management of Long COVID and Chronic Lyme Disease	Angela Mc Ritchie	Fintan Gunne Lecture Theatre
13:15 –14.15	Lunch & exhibitor market		Foyer area
14.15- 15.45	Session 7: Workshops		
	Long COVID patient group led workshop	Sarah O’Connell	Fintan Gunne Lecture Theatre
	ME/CFS (patient group led workshop)	Dr Nigel Speight	Seminar room A
	Lyme & Other Tick-borne Infections	Liz Murray	Seminar room B
15:45 –16:00	Questions	All speakers	Fintan Gunne Lecture Theatre
16.00-	Close		